



HALIFAX SKATING CLUB



2026–2027 SEASON

StarSkate Academy Figure Skating Programs



Sept 3, 2026—March 31, 2027

* Centennial Arena * Greenfoot Energy Center *

* Halifax Forum * Dalhousie Oulton Stanish Centre *

Registration:

HSC Home Club

Monday Aug 10- 7pm

BSC Home club

Tuesday Aug 11—9am

All others

Aug 31, 2026

IMPORTANT REGISTRATION INFORMATION

REGISTRATION—All STARSkate Academy registration must be completed online through the Halifax Skating Club website. A \$63.70 Skate Canada Membership Fee will be charged to all HSC home club skaters for the 2026–2027 season. Outside club skaters must ensure their Skate Canada number is entered correctly in their online profile and that their annual Skate Canada membership fee has been submitted to Skate Canada before registering with HSC. This will prevent the fee from being charged again. HSC and BSC home club skaters will receive priority on all sessions until September 1, 2026.

SKATER PLACEMENT—Skate-up requests must come from the skater's base coach. Skaters may skate down one level if space remains after skaters registered at that level have been accommodated. The club reserves the right to balance sessions when needed.

ON-ICE AND OFF-ICE TRAINING—Programs include both on-ice and off-ice classes to support the development of well-rounded athletes. Skaters are expected to participate in the full program. Off-ice fees are included in registration.

OFF-ICE SPACES AND DRESSING ROOMS—Off-ice training spaces and dressing rooms are for skaters only. Parents are not permitted in dressing rooms.

PARENT AND SKATER CONTRACT—Parents and skaters are expected to follow the Skate Canada and club Codes of Conduct. The codes are posted on the club websites and must be acknowledged at the beginning of the season. Skaters and/or parents who do not follow the Codes of Conduct may face disciplinary action from the club and/or section.

PAYMENT—Families may pay in full during registration or select a payment plan. Payment plans include a deposit for each session, followed by monthly payments on October 1, November 1, December 1, January 1, and February 1. All payment arrangements must be completed online. A \$25 administrative fee will be charged for the second and any additional registration changes during the season.

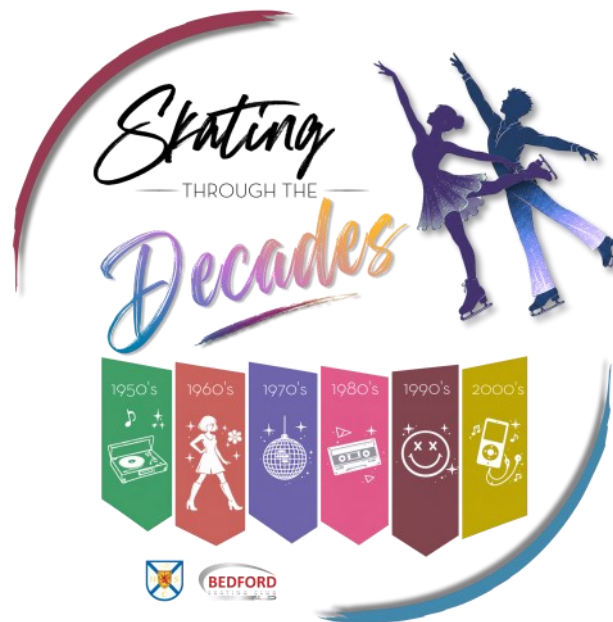
SPORTSWEEP FUNDRAISER—A \$25 SportSweep fundraising fee will be invoiced to each HSC home club family in mid-October. Tickets will be distributed later in the season. SportSweep is HSC's fundraiser in partnership with Sport Nova Scotia. Families keep any money collected from ticket sales. Club funds may be used for activities such as the ice show, equipment, Banquet, keeping program costs down, and other uses approved by the HSC Board of Directors. Families may request additional tickets to help offset their skating costs.

ASSESSMENT DAYS—STAR 6+ Assessment Days are tentatively scheduled for Friday, December 18, 2026, at HSC and Wednesday, March 24, 2027, at BSC, pending approval.

DROP-INS—If space is available, skaters may purchase a drop-in session through the HSC website by 12:00 PM the day before the session. Skaters must confirm with their coach before purchasing the space.

REFUND POLICY—Please review our full refund policy in our website. All requests for refunds must be made in writing to the club at halifaxskatingclub@gmail.com and must be supported with proper medical documentation.

PROGRAM CHANGES AND CANCELLATIONS—Halifax Skating Club reserves the right to change and/or cancel sessions depending on registration, to accommodate special events or emergency situations. There will be no make-up sessions for snow days or rink closures. Please review our Inclement Weather Policy for details on how cancellations are handled. Please refer to HalifaxSkatingClub.com for all other club policies.





Training Expectations & FAQ for Parents

WHAT IS THE SMART ROUTINE?

At Halifax Skating Club, we help skaters build strong habits and take ownership of their training.

SMART START—Before each session, skaters complete a short off-ice warm-up, put on their skates, and arrive ready for their scheduled ice time. Skaters should manage this independently or with support from their coaching team. Please arrive early enough to complete the routine.

SMART RECOVERY—After each session, skaters complete a short cool-down and stretching routine to support recovery, flexibility, and injury prevention.

WHAT DOES SMART MEAN?

S – **Start with Intention**—Arrive focused and ready to train.

M – **Mobilize Your Body**—Warm up before skating and stretch afterward.

A – **Awareness Matters**—Recognize fatigue, soreness, and readiness to train.

R – **Routine Builds Results**—Consistent preparation and recovery support long-term progress.

T – **Take Ownership**—Skaters are responsible for their preparation, recovery, and training habits.

FREQUENTLY ASKED QUESTIONS

WHAT IS SKILLS? Skills develops foundational technique, including edges, turns, power, control, and field movements.

WHAT IS DANCE? Pattern dances performed to music that develop timing, posture, rhythm, edges, and control.

WHAT IS FREE SKATE? Free Skate includes jumps, spins, footwork, choreography, and performance. Starting at STAR 2, skaters develop a solo program for assessment and / or competition.

WHAT ARE STROKING and EDGE/ TURN SESSIONS?

Large-group classes focused on power, speed, edge quality, turns, strength, and flow. These sessions are led by the professional coach team and fees included in registration.

WHAT IS COACH TECH? Small-group training focused on skating-specific skills. **New this season**, Coach Tech fees are included in program registration and will not be billed separately by the skater's coaching team. Skaters will work with the full coaching team and will be grouped by level and divided among the coaches during each session.

WHAT IS GROUP TRAINING? A team-teaching session where multiple coaches work together to develop the whole skater. Skaters will rotate through coaches and activities based on the goals of the session. Individual lessons will not be offered during Group Training. All coaching fees are included in the session cost. Group Training will be offered on Sunday Bronze and Tuesday and Thursday Forum sessions through September.

WHAT IS OFF-ICE TRAINING? Sport-specific dryland training that supports strength, flexibility, balance, coordination, and movement preparation. Mental training and other specialty activities may also be offered to support the development of the whole skater. Attendance is expected unless approved in advance by the skater's base coach. Instructor fees are included in registration.

WHY DO ROUTINES AND ATTENDANCE MATTER? Skaters who arrive prepared, attend consistently, and follow their routines are more likely to progress, stay healthy, and skate with confidence.

Independence & Dressing Room Policy



At the STARSkate Academy level, skaters are expected to be able to **tie their own skates**.



For Safe Sport reasons, **parents are not permitted in the dressing rooms**.

If a skater needs help, they are welcome to step out of the room and ask a parent or member of their coaching team for assistance.

We encourage skaters to **build independence** as part of their development both on and off the ice.

Halifax Skating Club



2026-2027 Fall & Winter Season

BRONZE StarSkate

Star 1 & 2



Off-ice training and stroking are included.
75% of training is group or coach directed.

Sunday Bronze Group Training includes all lessons with the coaching team.
Any extra coaching fees are paid directly to the skater's coaches.

Check the skater's online calendar and the Schedule Changes chart for time changes, location changes, and cancelled sessions.

TUESDAYS am 6:30—8:30am	Greenfoot Energy Centre	<i>Oct—Dec (11 weeks)\$220) Jan— March (11 weeks - \$220)</i>
6:30-8:30am	ALL LEVELS	OPEN Session (choice of 1.5hr of ice per session)
TUESDAYS 3:45—6:15pm	Centennial	27 Weeks - \$570 Teen Star 1 Group (lessons included \$630)
3:45 - 4:05	BRONZE/ Teen Star 1 Group	Smart Start Routine
4:05 - 5:20	BRONZE/ Teen Star 1 Group	On –Ice
5:30 - 6:15	BRONZE/ Teen Star 1 Group	Off Ice / Smart Recovery
WEDNESDAYS am 6:30—8:30am	Greenfoot Energy Centre	<i>Oct—Dec (11 weeks)\$220) Jan— March (10 weeks - \$200)</i>
6:30-8:30am	ALL LEVELS	OPEN Session (choice of 1.5hr of ice per session)
WEDNESDAYS pm 4:40-7:15pm	Forum (Civic for Sept)	<i>Sept sessions—Tuesdays 6:30-8pm Group Training</i> 27 weeks—\$585
4:40—5:00	BRONZE/SILVER	Smart Start Routine
5:00—6:15	BRONZE/ SILVER	On –Ice
6:30—7:15	BRONZE/SILVER	Off Ice—(Conditioning / Smart Recovery)
FRIDAYS 3:30-6:00pm	Greenfoot Energy Centre	20 weeks - \$400
3:40-4:00	BRONZE	Smart Start Routine
4:00 - 5:00	BRONZE	On –Ice
5:00—5:20	BRONZE/SILVER	Coach Tech
5:30 - 6:00	BRONZE	Off Ice (Physical Literacy / Stretch / Smart Recovery)
SUNDAYS 3:30 –6:00pm	Centennial	25 weeks— \$880
3:30 - 4:15	BRONZE / Teen Star 1 Group	Off Ice (Conditioning / Smart Start)
4:25 - 5:55	BRONZE / Teen Star 1 Group	ON ICE Group Training—all lessons Included
TUESDAYS ADULT Star GROUP	Centennial	27 weeks—\$410
5:05—5:55pm	ADULT STAR GROUP / JR AC	On Ice Group Lessons

*Additional sessions are available through our sister club, Bedford Skating Club. Ticket Ice options are also available.
Please speak with your coaching team to learn what's best for your skater.*



2026-2027 Fall & Winter Season

SILVER StarSkate

Star 3 & 4 & 5



50–75% of training will be group or coach directed.

Off-ice training and stroking class fees are included in the registration fee.

Any extra coaching fees are paid directly to the skater's coaches.

Check the skater's online calendar and the Schedule Changes chart for changes to times or locations

MONDAYS 4:15—7:15pm	Greenfoot Energy Centre	27 weeks - \$775
4:15—4:45	Axel +/GOLD	Smart Start Routine
4:45 - 6:05	Axel +/GOLD	On –Ice
6:15 -7:15	Axel +/GOLD	Off Ice (<i>Specialty / Conditioning / Smart Recovery</i>)
TUESDAYS am 6:30—8:30am	Greenfoot Energy Centre	Oct—Dec (11 weeks \$220) Jan— March (11 weeks - \$220)
6:30-8:30am	ALL LEVELS	OPEN Session (<i>choice of 1.5hr of ice per session</i>)
WEDNESDAYS am 6:30—8:30am	Greenfoot Energy Centre	Oct—Dec (11 weeks\$220) Jan— March (10 weeks - \$200)
6:30-8:30am	ALL LEVELS	OPEN Session (<i>choice of 1.5hr of ice per session</i>)
WEDNESDAYS pm 4:40-7:15pm	Forum (Civic for Sept)	Sept sessions—Tuesdays 6:30-8pmGroup Training 25 weeks—\$585
4:40—5:00	BRONZE / SILVER	Smart Start Routine
5:00—6:15	BRONZE / SILVER	On-Ice
6:30—7:15	BRONZE / SILVER	Off Ice (<i>Conditioning / Smart Recovery</i>)
THURSDAYS 3:45 -6:15pm	Centennial	27 weeks—\$620
3:45 - 4:05	SILVER / GOLD	Smart Start Routine
4:05 - 5:20	SILVER / GOLD	On—Ice
5:30 - 6:15	SILVER / GOLD	Off Ice (<i>Jump Class / Smart Recovery</i>)
FRIDAYS 5:00 –8:00pm	Greenfoot Energy Centre	20 weeks - \$605
5:00—5:20	BRONZE/ SILVER	On-Ice—Coach Tech
5:30—6:30	SILVER	On-Ice
6:30—6:45	SILVER / GOLD	On-Ice—Spins
7:00—8:00	SILVER	Off—Ice (<i>Dance/ Mental Training</i>)
SUNDAYS 9:00—11:20am	Oulton-Stanish Center (Dal)	25 weeks—\$1015
9:00—9:30	SILVER / GOLD	Smart Start Routine
9:30—9:50	SILVER / GOLD	On-Ice—Edge / Turn - Group
9:50—11:20	SILVER / GOLD	On Ice
SUNDAYS 11:15am- 1:35pm	Centennial	25 weeks—\$680
11:15—11:45	SILVER / GOLD	Off Ice—(<i>Jump Activation Warm Up</i>)
12:05 - 1:35	SILVER / GOLD	On-Ice

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Please speak with your coaching team to learn what's best for your skater.*



2026-2027 Fall & Winter Season

GOLD StarSkate

Star 6 + and Podium Pathways levels

For skaters exiting STAR 5 who have passed at least two STAR 5 assessments.

At least 25% group or coach-directed training is recommended.

Off-ice training and stroking are included.

Extra coaching fees are paid directly to the skater's coaches.



Check the skater's online calendar and the Schedule Changes chart for changes to times or locations

MONDAYS 4:15—7:15pm	Greenfoot Energy Centre	27 weeks—\$775
4:15—4:45	Axel+/GOLD	Smart Start Routine
4:45 - 6:05	Axel+/GOLD	On –Ice
6:15 -7:15	Axel+/GOLD	Off Ice (<i>Specialty / Conditioning / Smart Recovery</i>)
TUESDAYS am 6:30—8:30am	Greenfoot Energy Centre	Oct—Dec (11 weeks\$220) Jan— March (11 weeks - \$220)
6:30-8:30am	ALL LEVELS	OPEN Session (<i>choice of 1.5hr of ice per session</i>)
TUESDAYS pm	Burke Performance Gym	Sept—Dec (15 weeks—\$300) & Jan-March (12 weeks— \$240)
5:00—6:00pm	PreJuv / Star 5+ (<i>Ideally age 12+</i>)	Specialty Group Gym Training
WEDNESDAYS am 6:30—8:30am	Greenfoot Energy Centre	Oct—Dec (11 weeks\$220) Jan— March (10 weeks - \$200)
6:30-8:30am	ALL LEVELS	OPEN Session (<i>choice of 1.5hr of ice per session</i>)
WEDNESDAYS pm 5:00 –8:00pm	Forum (<i>Civic for Sept</i>)	Sept sessions—Thursdays 7:30-9pm - Group Training 25 weeks—\$645
5:00—6:00	Axel+/GOLD	Off Ice (<i>Conditioning</i>)
6:25—7:50	Axel+/GOLD	On-Ice
THURSDAYS 3:45 –6:15pm	Centennial	27 weeks—\$620
3:45 - 4:05	SILVER / GOLD	Smart Start Routine
4:05 - 5:20	SILVER / GOLD	On-Ice
5:30 - 6:15	SILVER / GOLD	Off Ice (<i>Jump Class / Smart Recovery</i>)
FRIDAYS 5:15—8:20pm	Greenfoot Energy Centre	20 weeks—\$705
5:15—6:15	GOLD	Off-Ice (<i>Dance/ Mental Training</i>)
6:30—6:45	SILVER/ GOLD	On Ice—Spins
7:00—8:20	GOLD	On Ice
SUNDAYS 9:00—11:20am	Oulton-Stanish Center (Dal)	25 weeks—\$1015
9:00—9:30	SILVER / GOLD	Smart Start Routine
9:30—9:50	SILVER/ GOLD	On Ice - Edge / Turn - Group
9:50—11:20	SILVER / GOLD	On Ice
SUNDAYS 11:15am- 1:35pm	Centennial	25 weeks—\$680
11:15—11:45	SILVER/GOLD	Off Ice—(<i>Jump Activation Warm Up</i>)
12:05 - 1:35	SILVER / GOLD	On-Ice

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2026-2027 CHANGES TO SCHEDULE

StarSkate Academy Sessions

Sept '26—March '27 **subject to change*

Families' online calendars have been updated to reflect the schedule changes below.

DAY	LOCATION	CHANGES
MONDAY Ice changes	Greenfoot	Sept 21—shifted 30min earlier Dec 21—No Ice Dec 28—No Ice Feb 15—No Ice
TUESDAY AM - 2 terms	Greenfoot	Sept - Ticket Ice Options FALL SESSION— Oct 6-Dec 15 Inclusive WINTER SESSION—Jan 5-March23 (No ice March 9)
TUESDAY PM Ice Changes	Centennial	Sept 1—No ice Dec 22 and 29—Not included in regular programming – Buy-In Sessions open to all levels. March 30—No session—Ice show practice
TUESDAY High Performance Gym— 2 Terms	Burke Performance Gym	FALL SESSION—Start Sept 8 - Dec 16 Inclusive WINTER SESSION—Start Jan 5—end Mar 23 Inclusive
WEDNESDAY AM – 2 terms	Greenfoot	Sept - Ticket Ice Options FALL SESSION— Oct 7-Dec 16 Inclusive WINTER SESSION—Jan 13—March24 (No ice Jan 6 and March 10)
WEDNESDAY PM Ice Changes	Forum (<i>Civic Sept 9-Oct 1</i>)	Sept 2: No ice Sept 9, 16, 23 and 30 : No Wednesday ice. Replacement sessions will be offered by level: at the Civic BRONZE/SILVER: Tuesdays, 6:30–8:00 PM (<i>Sept 8,15,22,29</i>) AXEL+/GOLD: Thursdays, 7:30–9:00 PM (<i>Sept 10,17,24,Oct1</i>) There will be no off-ice classes in September. All September ice sessions will be coach-led group training. Nov 4- No Ice Dec 23 - Last session before Holidays Dec 30—No Ice March 24—No Ice (BSC Assessment Day) March 31 - last session of the Season
THURSDAY Ice Changes	Centennial	Sept 3— No Off Ice ONLY (PA Training 5:30-7pm) Dec 24—No Ice Dec 31—No Ice Mar 18—No ice
FRIDAY Ice Changes	Greenfoot	Sept 11—15min later Sept 25—No sessions—Seminar Oct 16—No Ice Nov 6—No Ice Dec 18—Tentative Assessment Day Dec 25 - No Ice Jan 1—No Ice Jan 8—No Ice Feb 26—No Ice Mar 19—No Ice Mar 26—No Ice
SUNDAY Ice Changes	Oulton-Stanish Centre (Dal)	Sept 6—No Ice Dec 20—No Ice Feb 28—No Ice Mar 7—No Ice Mar 28 - No Ice
SUNDAY Ice Changes	Centennial	Sept 6—No Ice Dec 20—No Session—World Ice Skating Day Event Day - Details TBA Dec 27—No session—ALUMNI DAY 12-2pm Feb 28—No Ice Mar 28—No ice



DATES TO REMEMBER 2026-2027

StarSkate Academy

EVENT	LOCATION	DAY/TIMES	FEE	REGISTRATION DETAILS
PA Training	Centennial	Thursday Sept 3— 5:30-7:00	NA	Register by Wed Sept 2
1st day of CanSkate	Centennial	Thursday Sept 10th	NA	Trained PA's welcome
Fall Seminar Katia & Violetta	Greenfoot	Sept 24/25th	See Seminar Brochure	Registration Opens Sept 1st
September Performance Day StarSkate / Podium Pathways	TBA	Wednesday Sept 30 <i>Daytime</i>	\$20	Registration closes Sept 24th
NS Fall Skate	Truro	Nov 6-8	As per Skate NS	Register with Skate NS
November Performance Day StarSkate / Podium Pathways	TBA	Wednesday Nov 11 <i>Daytime</i>	\$20	Registration closes Nov 5
Star 1-3 event	East Hants	Nov 21st	As per Skate NS	Register with Skate NS
Rob McCall	SMB	Dec 4-6	As per Skate NS	Register with Skate NS
Star 6+ Assessment Day <i>*Tentative</i>	Greenfoot (HSC Host)	Friday Dec 18th	TBA	TBA
World Ice Skating Day Event	Centennial	Sunday Dec 20	Details TBA	Details TBA
HSC Alumni Day	Centennial	Sunday Dec 27 12:00– 2:00	\$5.00 Donation to Feed NS	Registration Opens Dec 1
PA/ StarSkate Holiday Social event	TBA	Dec	TBA	TBA
NS Winter Skate	Liverpool	Jan 22-24	As per Skate NS	Register with Skate NS
Star 1-3 Event	Bridgewater	Jan 30	As per Skate NS	Register with Skate NS
Skate Canada Trophy	Dartmouth	Feb 4-7th	As per Skate Canada	As per Skate Canada
Star 1-3 Event	Dartmouth	Feb 15	As per Skate NS	Register with Skate NS
NS StarSkate Provincials	Amherst	Feb 26—28th	As per Skate NS	Register with Skate NS
Star 1-3 Event	East Pictou	Mar 20	As per Skate NS	Register with Skate NS
Star 6+ Assessment Day <i>*Tentative</i>	Lebrun (BSC Host)	Wed March 24	TBA	TBA
Ice Show (<i>Tentative Practice dates March 25-April 3</i>)	Centennial	Sunday April 4	TBA	TBA
Atlantics	Nova Scotia	April 9-11	As per Skate NS	Register with Skate NS
Spring 2026 Sessions (<i>Tentative</i>)	TBA	April 5– June 15	TBA	TBA
HSC Banquet/ Spring Seminar Weekend	TBA	TBA	TBA	TBA